



ANNUAL REPORT

MSU Extension Ontonagon County

Food • Ag • Youth • Health • Environment • Community

Since 1914, the Michigan State University (MSU) Extension has helped residents in Ontonagon County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

42

Programs delivered in Ontonagon County

869

Ontonagon County Residents

Participated in programs offered by MSU Extension

114

Programs Attended

By Ontonagon County residents, either **in-county**, **outside of Ontonagon County**, or **on-line**.

794

Program Participants

In programs led by Ontonagon County staff **on-line** or **statewide**

467

Individual class sessions attended

10

Submissions to Ask-An Expert

38

Programs delivered by Ontonagon County staff

ONTONAGON COUNTY STAFF

1

Educator

1

Community Nutrition Instructor

.5

4-H Program Coordinator

.5

Clerical Support

21

Partnerships and coalitions

ONTONAGON COUNTY FOCUS AREAS

Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy.

- Michigan Beekeeping Webinar
- Sheep and Goats for Small Farms
- Direct Marketing Webinar
- Pollinator Champions FREE Online Course
- MI Ag Ideas to Grow With
- TelFarm Users Group
- Women in Agriculture: Taking a Seat at the Table with Confidence - Online Forum

Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations.

- Intro to Lakes
- Not MI Species Webinar Program
- Fish Producers annual conference
- Michigan Birding 101
- Let's learn about invasive plants
- Home Horticulture Classes

Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan.

- Presentation to Ontonagon County Board - Tourism Programming in the UP
- Current Issues Affecting Michigan Local Governments Webinars

Community (cont.)

- Fiscally Ready Communities
- Regional Meetings for ARPA Local Government Funding
- Product Center Client Consultations

Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce foodborne diseases and become leaders in the food industry.

- Programming at Ewen Trout Creek and Ontonagon Schools
- Chronic Pain PATH
- Tai Chi for Fall Prevention
- Tai Chi for Arthritis
- Michigan Cottage Food Law
- Safe Food = Healthy Kids
- Stress Less with Mindfulness
- RELAX - Alternatives to Anger
- Online National Diabetes Prevention Program

Family and Youth

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention.

- Snowshoe book hike in the Porkies
- Summer School Exercise and Movement Program
- Take home science kits
- Cooking with Kristi
- Ontonagon/Greenland Fairgrounds/Ewen Trout Creek book walks
- Holiday Craft Projects
- Adulting 101 Series
- Digital Arts SPIN Club
- Are Your Laces Tied? SPIN Club

4-H Ontonagon County

According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are 4X more likely to make contributions to their communities, 2X more likely to be civically active, and 2X more likely to make healthier choices.

63
Members

5
Adult
Volunteers

1
Youth
Volunteer

\$3,192
Dollar Value of
volunteer time